**Project 10: Martial Arts**

Through videos and website links, students develop a knowledge of both martial arts in general, and the practice of Shaolin Kung Fu specifically. Students are challenged to read a short passage describing the life of a young boy who lives at Shaolin Temple and answer questions from the text. They then have to look up the different animal styles (in English and Chinese) for the Shaolin style, locate Shaolin on a map, give their thoughts about kung fu, then complete a gap fill with details about Bruce Lee and Michelle Yeoh. NB whilst we have stated very clearly on this project that students should NOT attempt any of the moves without being in a professional environment, it is advised that the teacher also highlights this when using this project.

**Difficulty**

 

**Predicted Duration**

3hr 10 minutes

**Series Type**

Culture

|  |
| --- |
| Key Language |
| 武术 wǔ shù | martial arts |
| 书法 shū fǎ | calligraphy |
| 少林 shào lín | Shao Lin |
| 寺 sì | temple |
| 厉害 lì hài | awesome |
| 年轻人 nián qīng rén | young person |
| 功夫 gōng fu | kung fu |
| 从小 cóng xiǎo | from a young age |
| 一大早 yí dà zǎo | first thing in the morning |
| 做早操 zuò zǎo cāo | to do morning exercise |
| 继续 jì xù | to continue |
| 练 liàn | to practise |
| 一直到 yì zhí dào | right up until |
| 健康 jiàn kāng | healthy |
| 少 shǎo | rarely |
| 机会 jī huì | opportunity |
| 见面 jiàn miàn | to see/to meet with |

|  |  |
| --- | --- |
| Task number | Estimated time to complete (mins) |
| 1 | 10 |
| 2 | 10 |
| 3 | 15 |
| 4 | 15 |
| 5 | 30 |
| 6 | 20 |
| 7 | 15 |
| 8 | 20 |
| 9 | 20 |
| Total time | 155 (2 hrs 25 mins)  |

|  |
| --- |
| Key Language |
| 难过 nán guò | to feel sad |
| 打太极拳 dǎ tài jí quán | to do tai chi |
| 容易 róng yì | easy |
| 减肥 jiǎn féi | lose weight |
| 觉得 jué de | to think |
| 比 bǐ | comparison |
| 难 nán | difficult |
| 省 shěng | province |
| 部 bù | part |
| 坐 zuò | to sit/to take (e.g. bus) |
| 要 yào | to want |
| 飞机 fēi jī | aeroplane |
| 足球 zú qiú | football |
| 名字 míng zi | name |
| 出生 chū shēng | birth |
| 日期 rì qī | date |
| 性别 xìng bié | gender |