

## Project Three (Yr 8):

### Chinese food and dishes

This project will look closely at three Chinese dishes: Beijing roast duck, beggar's chicken and egg and tomato stir-fry. It helps them develop their understanding and interest in Chinese cooking and food. The students will learn the Chinese words for key cooking methods.

**Difficulty**



**Predicted Duration**

3hrs

**Series Type**

Food

Key Language	
北京烤鸭	Beijing roast duck
薄饼 bóbǐng	thin pancake
萝卜条 luóbo tiáo	radish strips
黄瓜条 huángguā tiáo	cucumber strips
葱丝 cōng sī	onion
甜面酱 tiánmiànjiàng	sweet sauce
乞丐鸡 qǐgài jī	beggar's chicken
西红柿 xīhóngshì	tomato
鸡蛋 jīdàn	egg
油 yóu	oil
蒜 suàn	garlic
盐 yán	salt
白糖 báitáng	sugar
炒 chǎo	stir/ stir-fry
搅拌 jiǎobàn,	mix

切 qiè	chop
打 dǎ	beat
热 rè	heat
做 zuò	make
加 (调料)	season
jiā (tiáoliào)	

Task number	Estimated time to complete (mins)
1. Roast duck! Beijing Roast duck	
A	15
B	15
C	40
2. The story of Beggar's chicken	
A	10
B	40
C	10
3. Cook your own Chinese home dish	
A	5
B	10
C	20
D	15
Total time	180 (3 hrs)